

# French Fries

Cuisine: English

Food category: Other



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Company: Retigo



## Program steps

Preheating: 245 °C

1 Hot air 0 % Termination by time 00:05 hh:mm 220 °C + 100 %

## Ingredients - number of portions - 6

Name	Value	Unit
french fries	500	kg

## Nutrition and allergens

Allergens:  
Minerals:  
Vitamins:

Nutritional value of one portion	Value
Energy	229166.7 kJ
Carbohydrate	29166.7 g
Fat	10000 g
Protein	3333.3 g
Water	0 g

## Directions

Place the de frosted fries onto the Vision Frit tray and place into the pre heated oven and cook.

## Recommended accessories



Vision Frit