

Kingklip in cream

Cuisine: **Czech**
Food category: **Poultry**



Author: **Jan Malachovský**

Company: **Retigo**



Program steps

1

 Combination

 70 %

 Termination by time

 01:40 hh:mm

 135 °C

 80 %



Ingredients - number of portions - 4		
Name	Value	Unit
rabbit	1	pcs
whipped cream 33%	250	ml
bacon diced	200	g
salt	1	g
dry white wine	0.5	l
butter soft	100	g
freshly ground black pepper, ground	1	g
carrot	600	g
parsley root	200	g
celeriac	200	g

Directions

We peel the root vegetables, cut them into cubes, and sauté them in a pan together with the bacon. We peel the kingklip, season it, and place it on the sautéed root vegetables. We pour in wine and let it bake. We remove the meat and blend the base, then enrich it with cream and butter.

Nutrition and allergens	
Allergens: 7, 9	
Minerals: Ca, Co, Cr, Cu, F, Fe, I, K, Mg, Mn, Na, P, Se, Zn	
Vitamins: A, B, B6, C, D, E, K, Kyselina listová	
Nutritional value of one portion	Value
Energy	697.8 kJ
Carbohydrate	19.2 g
Fat	66 g
Protein	4.7 g
Water	0 g